



## **Indoor Air Quality a guide for professionals visiting residents at home**

We are making great efforts in tackling outdoor air pollution, but research and monitoring has shown that air pollution in some homes can be significantly higher than even our busy roads. We spend around 75% of our time at home, so we need to ensure this is a safe environment, especially for those with underlying health issues such as asthma and COPD.

Designed for professionals who visit people in their homes, this session is an opportunity to understand the causes of internal air pollution and approaches to reduce it through simple measures. The result, healthier homes and residents.

Join us for what will be an interesting and informative session, you may even start to look at your own home differently afterwards!

### **Agenda**

A 30 minute presentation covering:

- Poor air quality and the health impact
- Indoor air pollutants and their sources
- What behaviours can help with home air quality?
- Resources and reporting

Followed by a 30 minute Q&A

### **Webinar Conveyors**

The Regulatory Services Partnership – Air Quality Team, serving the London Boroughs of Merton, Richmond Upon Thames and Wandsworth in collaboration Public Health Merton.

If you have any questions about this event, please email [pollution@merton.gov.uk](mailto:pollution@merton.gov.uk)

This event will be a live webinar, a link will be sent to online attendees. The event will be recorded.

### **Dates for 2025**

Start time 1230 on 06<sup>th</sup> March, 27<sup>th</sup> March, 10<sup>th</sup> April, 15<sup>th</sup> May, 26<sup>th</sup> June.